



Pre-Op Sedation Instructions

To Whom it May Concern:

This is to confirm that _____ has been scheduled in our office on _____. Please report to our office by _____ on the day of the appointment.

The following pre-op instructions apply and must be accomplished for the appointment to occur:

- You are allowed to have light foods – toast with broth, nutritional shake or yogurt, but limit intake of fluids 4 hours before surgery. Please refrain from caffeine. You should take all medications with minimal water unless otherwise advised by Dr. Tedders.
- Because of the effects of the sedative, you will not be able to drive after the surgery. You must have someone accompany you to our office to drive you home. You are also advised to have someone stay with you for the 24 hours immediately following the appointment. You should not make plans for the rest of the day.
- Be sure to wear loose, short-sleeved shirt or blouse that will not hinder the placement of the IV and the blood pressure cuff.
- If there are any health problems that you have failed to tell us about, please tell us at this time so that we may contact your physician, if necessary.
- After your arrival, your sedation may be cancelled if:
 - A. An adult who will be taking you home does not accompany you.
 - B. You have an upper respiratory problem (cold) or other acute illness.

You may call us at (517) 748-9440 if there are any questions.

Please call us as soon as possible if you need to change this appointment, so that we may schedule someone else in the time reserved for you. Thank you for your cooperation.