



Instructions Following IV Sedation

- 1. Do not drive any vehicle or operate dangerous machinery for at least 24 hours following your appointment. Someone must drive you home from our office and take you all the way to your residence. This is very important because all drugs, including anesthetic agents, can slow reaction time. Even though you may think your reactions are normal, they will be affected.
- **2.** Be certain someone is with you when you walk from the office to your car and from your car to your home in case of dizziness.
- **3.** You are advised to rest and relax the remainder of the day- at least 12 hours.
- **4.** Do not drink alcoholic beverages or take tranquilizers or sleeping pills for the next 24 hours. Drink clear fluids (apple juice, soup broth, ginger ale, etc.) until you are certain there is no nausea or vomiting. Then eat as desired or instructed by Dr. Tedders.
- **5.** Do not make critical or legal decisions or do anything that requires you to be alert or coordinated for the next 24 hours.
- 6. Take prescribed medications only as directed.

If you have any questions, problems, or concerns, please call our office.